

Proclamation Declaring May as Mental Health Awareness Month Llano County

WHEREAS, half of the population will experience some type of mental health challenge over the course of a lifetime; and

WHEREAS, mental health challenges are one of the most common health conditions in Texas, affecting one out of six adults and impacting both the person experiencing the condition and those persons who love and care for that person; and

WHEREAS, 36.8% of adults in Texas reported symptoms of anxiety and/or depressive disorder, compared to 32.3% of adults in the U.S.; and

WHEREAS, 517 individuals in Llano County sought services from Hill Country MHDD Centers in FY 2024; and

WHEREAS, people with mental illnesses make important contributions to our families and our communities and can recover if given the necessary services and support in their communities; and

WHEREAS, creating a community where everyone feels comfortable reaching out for the support, they deserve is crucial to ending the stigma surrounding mental health and mental illness; and

WHEREAS, each business, school, government agency, health care provider, organization, and citizen share the burden of mental health challenges and has a responsibility to promote mental wellness and support prevention efforts; and


WHEREAS, the Llano County Commissioners' Court wishes to enhance public awareness of mental health and diminish the associated stigma;

NOW, THEREFORE, be it proclaimed that the Llano County Commissioners Court, acting in its capacity as the governing body of Llano County, hereby recognizes May 2025 as Mental Health Awareness Month in Llano County and calls upon the community to increase awareness and understanding of mental illnesses, reduce stigma and discrimination, and promote appropriate and accessible services for all people with mental health conditions.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the Texas to be affixed this 12 day of May the year of our Lord two thousand twenty-five.



Ron Cunningham, Llano County Judge



Peter Jones, Commissioner Pct 1



Linda Raschke, Commissioner Pct 2



Brent Richards, Commissioner Pct 3



Jerry Don Moss, Commissioner Pct 4


Attest: Cecilia McClintock, Llano County Clerk